

CCHP Health and Safety Checklist - Revised

USER'S MANUAL: ITEM-BY-ITEM SPECIFICATIONS

*Developed by the California Childcare Health Program, administered by
University of California, San Francisco (UCSF) School of Nursing
(www.ucsfchildcarehealth.org). 2005.*



This document specifies the content covered in each item on the CCHP Health and Safety Checklist - Revised (CCHP H & S Checklist) and how to accurately rate items on the checklist.

GENERAL GUIDELINES:

Items are rated as “Completely Meets Standard ” (“C”), “Does Not Completely Meet Standard” (“NC”) or “Not Applicable” (“N/A”). An item is rated “C” if every component of the item is complete. An item is rated “NC” if not all items are complete, specifically if one or some components of an item are not complete. An item is rated “N/A” if it is not applicable to the program or classroom being evaluated. An example of when an item would be rated “N/A” is item number 12, if the program or classroom does not take field trips. In this case, an additional first aid kit is not necessary.

SPECIFIC GUIDELINES:

1. Please refer to the CCHP H & S Checklist User’s Manual: Item-by-Item Specifications for guidance for completing the CCHP H & S Checklist. All items are to be completed for child care centers, large family child care homes and small family child care homes unless otherwise specified in these guidelines.
2. Definitions as defined by “Caring for Our Children National Health and Safety Performance Standards”:
 - A. Small family child care home: a child care program that provides care and education to one to six children in the home of the caregiver.
 - B. Large family child care home: a child care program that provides care and education to seven to twelve children in the home of the caregiver.
 - C. Child care center: a child care program that provides care and education to any number of children in a nonresidential setting or thirteen or more children in any setting if the program is open on a regular basis.
3. After each item, there is a space for notes and/or comments. This space can be used by the rater to write notes about the item or components of the item. For example, comments regarding specific components that need to be improved or modified; notes to remind the rater about issues needing follow-up; items for discussion with program staff; or ideas for developing or targeting interventions.

INDOOR:

Emergency Preparation/Poisons

1. **Emergency telephone numbers are posted for emergency services (for example, 911, poison control, fire department, police and children’s protective services).** Numbers are to be visibly posted in prominent places of the program. This item is for child care centers and large family child care homes only.

- C = All phone numbers are visibly posted*
- NC = Not all phone numbers are visibly posted*
- N/A = If the program is a small family child care home*

2. **Emergency procedures are posted for fire and earthquakes, and other regional natural disasters (tornados, floods, hurricanes) in each classroom.** Procedures are to be visibly posted in each classroom of the program.

- C = All emergency procedures are posted in each classroom*
- NC = Not all emergency procedures are posted in each classroom*

3. **If natural disasters occur in a region, a 48-hour supply of food and water is stored for each child and staff member.**

This applies only to regional areas where natural disasters occur.

- C = Where natural disasters occur, a 48 hour supply of food and water is stored for each child and staff member*
- NC = Where natural disasters occur, a 48 hour supply of food and water is not stored for each child and staff member*
- N/A = If the program is not located in a region where natural disasters occur*

4. **An evacuation map is posted in each classroom.** Maps are to be visibly posted in each classroom of the program.

- C = An evacuation map is posted in each classroom*
- NC = An evacuation map is not posted in each classroom*

5. **There is a smoke detector system, alarm or sprinklers in working order in each room or place where children spend time.** It is necessary to see that the smoke detector system, alarm(s) or sprinklers are in working order.

C = All rooms/places where children spend time have a working smoke detector system, alarm(s) or sprinklers

NC = Not all rooms/places where children spend time have a working smoke detector system, alarm(s) or sprinklers

6. **Water that may be in direct contact with children is no more than 120° F.** A water temperature thermometer is needed to assess the water temperature.

C = Water that may be in direct contact with children is no more than 120° F

NC = Water that may be in direct contact with children is more than 120° F

7. **All heating units/fireplaces in children's reach are covered with barriers.**

C = All heating units/fireplaces in children's reach are covered

NC = Not all heating units/fireplaces in children's reach are covered

N/A = There are no heating units/fireplaces in children's reach

8. **All electrical outlets in children's reach are covered.**

C = All electrical outlets in children's reach are covered

NC = Not all electrical outlets in children's reach are covered

N/A = There are no electrical outlets in children's reach (for example, too high, out of reach)

9. **Earthquake safety: There are no heavy objects on open shelves and/or cabinets over 3 feet (for example, prevent falling objects).** Objects over approximately one pound are considered "heavy". A tape measure is needed to measure furniture.

C = There are no heavy objects on open shelves and/or cabinets over 3 feet

NC = There are one or more heavy object(s) on open shelves and/or cabinets over 3 feet

N/A = There are no open shelves or cabinets over 3 feet

10. **Earthquake safety: All tall furniture over 4 feet (for example, cubbies, shelves) is bolted to the wall or floor.** A tape measure is needed to measure furniture.

C = All tall furniture over 4 feet is bolted

NC = Not all tall furniture over 4 feet is bolted

N/A = There is no tall furniture over 4 feet

11. **First Aid: The program has at least one fully equipped, readily available first aid kit.** The rater will need to ask if and where there is a first aid kit and/or emergency disaster kit/backpack. Additionally, the contents of the kit(s) need to be examined, and the kit and/or the kit in combination with the disaster kit/backpack must be fully equipped—items cannot be placed haphazard (for example, scattered in drawers, cabinets, etc.). The kit(s) must be in the classroom and/or immediately accessible. The kit should contain at least the following items (as recommended by California State licensing regulations) to be rated "C":

- current edition of a first-aid manual
- sterile first-aid dressings
- bandages or roller bandages
- adhesive tape
- scissors
- tweezers
- thermometer with disposable covers
- antiseptic solution

For the rater's reference, the following are the first aid items recommended by the National Health and Safety Performance Standards:

- disposable nonporous gloves
- scissors
- tweezers
- a non-glass thermometer to measure a child's temperature
- bandage tape
- sterile gauze pads
- flexible roller gauze
- triangular bandages
- safety pins
- eye dressing
- pen/pencil and note pad
- cold pack
- current American Academy of Pediatrics (AAP) standard first aid chart or equivalent first aid guide
- coins for use in a pay phone
- water
- mall plastic or metal splints
- liquid soap
- adhesive strip bandages, plastic bags for cloths, gauze, and other materials used in handling blood
- any emergency medication needed for children with special needs
- list of emergency phone numbers, parents' home and work phone numbers, and the Poison Control Center phone number

C = There is at least one fully equipped (as per California licensing regulations above) first aid kit that is readily available to staff

NC = There are no fully equipped first aid kits readily available to staff

12. **First Aid:** The program has a separate fully equipped (as per above item #11) first aid kit for field trips. Rater will need to ask if the program takes children on field trips.

C = The program has a separate fully equipped first aid kit for field trips

NC = The program does not have a separate fully equipped first aid kit for field trips

N/A = The program does not take field trips

13. **Poisons:** Cleaning agents are labeled and stored (except bleach solution) in their original containers. The exception to cleaning agents being stored in their original containers is bleach solution, which may be stored in a container other than the original. However, "bleach solution" must be clearly written on the container. The rater may need to ask where cleaning agents are located. It is necessary to actually look at the cleaning agent containers and their labels to rate the item.

C = All cleaning agent containers are labeled and stored in their original containers

NC = Not all cleaning agent containers are labeled and stored in their original containers

N/A = The program does not have cleaning agents on site

14. **Poisons:** Cleaning agents are kept separate from food in cabinets and out of children's reach. As per item # 13 above, the rater may need to ask where cleaning agents are located.

C = All cleaning agents are kept separate from food in cabinets and out of children's reach

NC = Not all cleaning agents are kept separate from food in cabinets and out of children's reach

N/A = The program does not have cleaning agents on site

15. **Air quality:** Temperature is between 65° F and 75° F during the winter months and between 68° F and 82° F during the summer months. The rater will need to use a room temperature thermometer to assess the temperature.

C = The temperature is correct for the season

NC = The temperature is not correct for the season

16. **Air quality:** There are no bad odors or fumes (for example, tobacco, mildew, urine/excrement, chemicals, air fresheners).

C = There are no bad odors or fumes

NC = There are bad odors or fumes

Staff And Children's Possessions

17. **Children's personal belongings (including clothing and bedding) are stored so they do not touch others' belongings.** Items to look for are hanging coats, items in cubbies, and bedding.

C = There is no touching of children's belongings

NC = One or more children's belongings are touching others' belongings

18. **Adult purses/backpacks are out of reach of children.**

C = All adult purses/backpacks are out of reach of children

NC = Not all adult purses/backpacks are out of reach of children

Special Needs

Medications. To complete item #s 19-22 the rater will need to ask if the program stores medications for children on-site. If the program does store children's medications, mark "yes" and complete item #s 19-22. If the program does not store medications, mark "no" and skip to item # 23.

19. **Medications are labeled with the child's name.**

C = All medications are labeled with the child's name

NC = Not all medications are labeled with the child's name

20. **Medications are stored out-of-reach of children and they are in their original and childproof container.**

C = All medications are stored out of reach of children and are in their original and childproof container

NC = Not all medications are stored out of reach of children and are in their original and childproof container

21. **Medications are labeled with a date that shows it is not expired.**

C = All medications are labeled with a date that shows it is not expired

NC = Not all medications are labeled with a date that shows it is not expired

22. Medications are labeled with the administration instructions and are refrigerated (if needed).

C = All medications are labeled with the administration instructions and are refrigerated (if needed)

NC = Not all medications are labeled with the administration instructions and are refrigerated (if needed)

23. The names of children with special dietary needs and a description of their needs (including specific food allergies) are posted in food preparation area(s). The rater will need to ask if there are children at the program/classroom with special dietary needs and/or food allergies.

C = All food preparation area(s) have children's names posted

NC = Not all food preparation area(s) have children's names posted

N/A = There are no children with special dietary needs and/or food allergies

24. The names of children with special dietary needs and a description of their needs (including specific food allergies) are posted in food service area(s). As above in item # 23, the rater will need to ask if there are children at the program/classroom with special dietary needs and/or food allergies.

C = All food service area(s) have children's names posted

NC = Not all food service area(s) have children's names posted

N/A = There are no children with special dietary needs and/or food allergies

Handwashing

25. Proper handwashing procedures are posted at all handwashing sinks, including food preparation and art sinks.

C = All handwashing sinks have handwashing procedures posted

NC = Not all handwashing sinks have handwashing procedures posted

26. Children's handwashing sink(s) are at child's level or accessible by a safety step.

C = All children's handwashing sink(s) are at child's level or accessible by a safety step

NC = Not all children's handwashing sink(s) are at child's level or are accessible by a safety step

27. Staff wash their hands with liquid or foam soap and running water after each toileting/diapering of children over 35 months. (For staff toileting/diapering children 35 months and younger, refer to the Infant/Toddler section item # 70.)

Observe as many instances of toileting/diapering as possible.

C = All staff wash their hands correctly after each toileting/diapering of children over 35 months

NC = Not all staff wash their hands correctly after each toileting/diapering of children over 35 months

N/A = There are no children over 35 months

28. Staff wash their hands with liquid or foam soap and running water before food preparation and/or service.

C = All staff wash their hands correctly before food preparation and/or service

NC = Not all staff wash their hands correctly before food preparation and/or service

29. Children (over 35 months) wash their hands, or have their hands washed, with liquid or foam soap and running water after each toileting/diapering. Keep track of the total number of children observed after toileting/diapering and the number of children observed washing correctly, and record these numbers on the lines provided. (For children 35 months and younger, please refer to the Infant/Toddler section item #s 68 and 69). Observe as many instances of toileting/diapering as possible.

C = 90% or more of the children wash hands correctly

NC = Less than 90% of the children wash hands correctly

30. All children wash their hands, or have their hands washed, with liquid or foam soap and running water before eating. This item is to be rated for all children 0 – 5 years old. Keep track of the total number of children observed before eating and the number of children observed washing correctly, and record these numbers on the lines provided. Observe as many children as possible before eating.

C = 90% of the children wash hands correctly

NC = Less than 90% of the children wash hands correctly

31. All children wash their hands, or have their hands washed, with liquid or foam soap and running water after eating. This item is to be rated for all children 0 – 5 years old. Keep track of the total number of children observed after eating and the number of children observed washing correctly, and record these numbers on the lines provided. Observe as many children as possible after eating.

C = 90% of the children wash hands correctly

NC = Less than 90% of the children wash hands correctly

Food Preparation/Eating/Sanitation

32. No perishables including food brought in by children (for example, meat, fish, poultry, milk, bottles of formula/breast milk, eggs) are left out of the refrigerator for more than one hour. Remember to check that children's food brought from home (for example, lunch boxes/containers) is properly refrigerated.

C = All perishables are not left out of the refrigerator for more than one hour

NC = One or more perishables are left out of the refrigerator for more than one hour

33. Food preparation areas are separate from the eating and play areas. Food preparation areas are separated (by a door, gate, counter or room divider) from areas the children use for activities unrelated to food. This does not apply to small family child care homes where separation may limit supervision.

C = All food preparation areas are appropriately separated from the eating and play areas

NC = Not all food preparation areas are appropriately separate from the eating and play areas

N/A = If the program is a small family child care home

34. Food preparation and eating areas, including counters, tabletops and floors, are cleaned/swept before and after food preparation and meals.

C = All food preparation and eating areas are cleaned/swept before and after food preparation and meals

NC = Not all food preparation areas are cleaned/swept before and after food preparation and meals

35. Food preparation areas are separate from the toilet, bathroom and diaper-changing areas.

C = All food preparation areas are separate from the toilet, bathroom and diaper-changing areas

NC = Not all food preparation areas are separate from the toilet, bathroom and diaper-changing areas

36. Refrigerators have a thermometer and are equal to or less than 40° F. If food is prepared in a cafeteria kitchen, the rater will need to ask for access to the cafeteria refrigerators. Put the thermometer in the refrigerator(s) at least 30 minutes before taking the temperature reading.

C = All refrigerators have thermometers and they are all equal to or less than 40° F

NC = Not all refrigerators have thermometers and/or they are not all equal to or less than 40° F

N/A = There are no refrigerators

37. Children under 4 years old do not have food that causes choking, even if brought from home (for example, nuts, popcorn, candy, whole grapes, hot dog rounds, chunks of meat, spoonfuls of peanut butter, carrots). Remember, this item applies only to children under 4.

C = All children under 4 do not have food that causes choking

NC = One or more children under 4 have food that causes choking

N/A = There are no children under 4

38. A current weekly menu of all food and beverages served in the program is posted. This includes only meals and snacks provided by the program. Additionally, this item is for child care centers and large family child care homes only.

C = Weekly menus are posted

N/C = Weekly menus are not posted

N/A = No meals or snacks are provided by the program or the program is a small family child care home

39. There is a designated area (for example, sink) or container, out of children's reach, for mouthed or contaminated toys.

C = There is an area/container, out of children's reach, for mouthed/contaminated toys

NC = There is no area/container, out of children's reach, for mouthed/contaminated toys

Oral Health

40. All children (over 35 months of age) brush their own teeth or have their teeth brushed at least once a day. For children 0 - 35 months of age who do not have teeth, refer to Infant/Toddler section item # 77.

C = All children brush their own teeth or have their teeth brushed at least once a day

NC = Not all children brush or have their teeth brushed at least once a day

N/A = There are no children over 35 months

41. Toothbrushes are labeled with the child's name and stored safely. "Stored safely" means toothbrushes are stored with bristles up to air dry in such a way that the toothbrushes cannot contact or drip on each other. Additionally, toothbrush racks/devices are labeled and appear clean.

C = All toothbrushes are labeled with child's name and stored safely

NC = Not all toothbrushes are labeled with child's name and stored safely

N/A = There are no toothbrushes

OUTDOOR/INDOOR EQUIPMENT

Outdoor

To complete the section below, count the number of adults and the number of children during one outdoor observation and record the numbers on the lines provided. The numbers written in below are provided as an example.

Number of adults 2

Number of children 8

Outdoor staff to child ratios (# adults: # children) 2:8

Repeat this procedure for indoor play in the "Indoor" section of the Checklist.

42. Adult staff are present in all outdoor areas and provide direct supervision.

C = Adult staff are present in all outdoor areas and provide direct supervision

NC = Adult staff are not present in all outdoor areas and/or do not provide direct supervision

43. All children are always visible by an adult staff member while outside.

C = All children are always visible by a staff member while outside

NC = Not all children are always visible by a staff member while outside

44. Outdoor areas are maintained and are clean and safe; no trash, broken equipment, sharp objects, splinters, glass, animal excrement present.

C = All outdoor areas are maintained and are clean and safe

NC = Not all outdoor areas are maintained and are clean and safe

45. Helmets are worn by all children when riding bicycles, tricycles or other riding toys/equipment.

C = All children wear helmets when riding bicycles, tricycles or other riding toys/equipment

NC = Not all children wear helmets when riding bicycles, tricycles or other riding toys/equipment

N/A = Children do not ride bicycles, tricycles or other riding toys/equipment at the program

46. Outdoor stationary playground equipment is stable and set in secure concrete settings and equipment does not wobble or tip when shaken. This item refers to all outdoor climbing equipment and swings.

C = All stationary playground equipment is stable and set in secure settings

NC = Not all stationary playground equipment is stable and set in secure settings

N/A = There is no stationary playground equipment

47. All pieces of outdoor playground equipment are over 9 or more inches of shock-absorbing surfaces; loose fine sand, wood chips, mulch or approved mats. Approved mats are those that are commercially produced for this purpose. To measure the depth of the surfacing, a measuring stick or even a pencil may be used.

C = Appropriate shock-absorbing surfaces are under all pieces of outdoor playground equipment

NC = Appropriate shock-absorbing surfaces are not under all pieces of outdoor playground equipment

N/A = There is no outdoor playground equipment

48. Shock-absorbing surfaces (fine sand, woodchips, mulch or approved mats) under outdoor playground equipment extend at least 6 feet beyond the perimeter of the equipment. A tape measure will be needed to measure the shock-absorbing surfaces.

C = All shock-absorbing surfaces extend at least 6 feet from the perimeter of all outdoor playground equipment

NC = Not all shock-absorbing surfaces extend at least 6 feet from the perimeter of all outdoor playground equipment

N/A = There are no shock-absorbing surfaces

49. All fixed outdoor playground equipment has a minimum of 6 feet clearance space from walkways, buildings and other structures that are not used as part of play activities. A tape measure will be needed for completing this item.

C = All fixed outdoor playground equipment has a minimum of 6 feet clearance space from walkways, buildings and other structures

NC = Not all fixed playground equipment has a minimum of 6 feet clearance space from walkways, buildings and other structures

N/A = There is no outdoor playground equipment

50. The outdoor play area is enclosed with a fence or natural barrier that allows observation of children.

C = The outdoor play area is enclosed with a fence or natural barrier that allows observation of children

N = The outdoor play area is not enclosed with a fence or natural barrier that allows observation of children

51. Outdoor fences/barriers have at least two exits.

C = All outdoor fences/barriers have at least two exits

NC = Not all outdoor fences/barriers have at least two exits

N/A = There are no outdoor fences/barriers

52. Outdoor fences/barriers have self-closing gates with self-latching mechanisms that cannot be opened by children.

C = All outdoor fences/barriers have self-closing gates with self-latching mechanisms that cannot be opened by children

NC = Not all outdoor fences/barriers have self-closing gates with self-latching mechanisms that cannot be opened by children

N/A = There are no outdoor fences/barriers

53. Openings on outdoor playground equipment, fences and handrails are either less than 3 1/2 inches or greater than 9 inches wide. A tape measure will be needed for measuring openings.

C = All openings on playground equipment are either less than 3 1/2 inches or greater than 9 inches wide

NC = Not all openings on playground equipment are less than 3 1/2 inches or greater than 9 inches wide

Indoor

To complete the section below, count the number of adults and the number of children during one indoor observation and record the numbers on the lines provided. The numbers written in below are provided as an example.

Number of adults 2

Number of children 8

Indoor staff to child ratios (# adults: # children) 2:8

54. Indoor climbing equipment is over approved mats that extend at least 6 feet from the structure. Approved mats are those that are commercially produced for this purpose.

C = All indoor climbing equipment is over approved mats that extend at least 6 feet from the structure

N/C = Not all indoor climbing equipment is over approved mats that extend at least 6 feet from the structure

N/A = There is no indoor climbing equipment

55. Indoor climbing equipment is a maximum height (for example, 3 feet for 3 year olds, 4 feet for 4 year olds, 5 feet for 5 year olds).

C = All indoor climbing equipment is the correct height for each age group

N/C = Not all indoor climbing equipment is the correct height for each age group

N/A = There is no indoor climbing equipment

INFANT/TODDLER (IT) SUBSECTION

This section is to be completed in programs that have children 0 – 35 months of age. If the program does not have children 0 – 35 months of age, please note this and end the CCHP H & S Checklist.

IT General

56. Toys and objects have diameters equal to or greater than 1 1/4 inches and lengths equal to or greater than 2 1/4 inches. A choke tube or the cardboard tube from an empty toilet paper roll is helpful for measuring toys/objects.

C = All toys and objects have diameters equal to or greater than 1 1/4 inches and lengths equal to or greater than 2 1/4 inches

NC = Not all toys and objects have diameters equal to or greater than 1 1/4 inches and lengths equal to or greater than 2 1/4 inches

57. Staff observe proper body mechanics when lifting and picking up children and heavy loads (for example, bend at knees, load close to body, no twisting, push don't pull, get help for heavy loads).

C = All staff observe proper body mechanics

NC = Not all staff observe proper body mechanics

IT Diapering

This section is to be completed on children 0 – 35 months of age who are in diapers or pull-ups. If the program does not have children this age who are in diapers or pull-ups, please note this on the CCHP H & S Checklist and skip to the IT Food Preparation/Eating section. When completing the IT Diapering section, observe as many instances of diapering/toileting as possible.

58. A complete and accurate diaper-changing protocol is posted in the diaper-changing area(s).

C = There is a complete diaper-changing protocol posted in all diaper-changing areas

NC = There is not a complete diaper-changing protocol posted in all diaper-changing areas

59. Diapering protocol: A clean, disposable non-absorbent liner is used on the diaper-changing surface with each diapering.

C = A clean, disposable non-absorbent liner is used on the diaper-changing surface with each diapering.

NC = A clean, disposable non-absorbent liner is not used on the diaper-changing surface with each diapering.

60. Diapering protocol: Soiled diapers are removed without contaminating the diaper-changing surface, child and provider.

C = All soiled diapers are removed without contaminating the diaper-changing surface, child and provider

NC = Not all soiled diapers are removed without contaminating the diaper-changing surface, child and provider

61. Diapering protocol: Soiled clothes are placed in a plastic bag after changing and stored in the child's cubby for parent pick-up.

C = All soiled clothes are placed in a plastic bag and stored in the child's cubby for parent pick-up

NC = Not all soiled clothes are placed in a plastic bag and stored in the child's cubby for parent pick-up

N/A = There is no soiled clothing (other than diapers/pull-ups)

62. Diapering protocol: Soiled diapers are disposed of in a covered, plastic-lined receptacle operated by a foot pedal.

C = All soiled diapers are disposed of in the correct type of receptacle

NC = Not all soiled diapers are disposed of in the correct type of receptacle

63. Diapering protocol: Staff always keep one hand on the child during diapering.

C = All staff always keep one hand on the child during diapering

NC = Not all staff always keep one hand on the child during diapering

64. Disposable gloves are available in the diaper-changing area(s).

C = All diaper-changing areas have disposable gloves

NC = Not all diaper-changing areas have disposable gloves

65. Diaper-changing surfaces are at adult height, in good repair and sturdy.

C = All diaper-changing surfaces are at adult height, in good repair and sturdy

NC = Not all diaper-changing surfaces are at adult height, in good repair and sturdy

66. Diaper-changing surfaces are water-resistant, non-absorbent and smooth.

C = All diaper-changing surfaces are water-resistant, non-absorbent and smooth

NC = Not all diaper-changing surfaces are water-resistant, non-absorbent and smooth

67. Diaper-changing surfaces are cleaned and sanitized after each use.

C = All diaper-changing surfaces are cleaned and sanitized after each use

NC = Not all diaper-changing surfaces are cleaned and sanitized after each use

68. Children under 36 months, who are not able to do so themselves, have their hands washed by a staff person with liquid or foam soap and running water (for infants, with a moistened towel with soap) after diapering/toileting.

C = All children's hands are washed correctly

NC = Not all children's hands are washed correctly

69. Children under 36 months, who are able to do so themselves, wash their own hands with liquid or foam soap and running water after diapering/toileting.

C = All children wash hands correctly

NC = Not all children wash hands correctly

70. Staff wash their own hands with liquid or foam soap and running water after each diapering/toileting of a child.

C = All staff wash their hands correctly after each diapering/toileting

NC = Not all staff wash their hands correctly after each diapering/toileting

IT Food Preparation/Eating

71. **Bottles with formula in the refrigerator are labeled with the individual child's name and dated within two days of the observation visit.** Dated within two days of the observation visit means the date on the bottles is not more than two days old. The rater may need to ask where bottles with formula are stored.

C = All bottles with formula in the refrigerator are labeled with the child's name and dated within two days of the rater's observation

NC = Not all bottles with formula in the refrigerator are labeled with the child's name and dated within two days of the rater's observation

N/A = There are no refrigerated bottles with formula

72. **Breast milk in the refrigerator is labeled with the individual child's name and dated within two days of the observation visit.** Dated within two days of the observation visit means the date on the bottles is not more than two days old. The rater may need to ask where the refrigerator with bottles/containers of breast milk is located.

C = All breast milk in the refrigerator is labeled with the child's name and dated within two days of the rater's observation.

NC = Not all breast milk in the refrigerated is labeled with the child's name and dated within two days of the rater's observation

N/A = There are no refrigerated bottles/containers of breast milk

73. **Breast milk in the freezer is labeled with the individual child's name and dated within three months of the observation visit.** Dated within three months of the observation visit means the date on the bottles is not more than three months old. The rater may need to ask where the freezer with bottles/containers of breast milk is located.

C = All breast milk in the freezer is labeled with the child's name and dated within three months of the rater's observation

NC = Not all breast milk in the freezer is labeled with the child's name and dated within three months of the rater's observation

N/A = There are no bottles/containers of breast milk in the freezer

74. **If bottles, bottle caps or nipples are reused, wash in a dishwasher or wash, rinse and boil for one minute.** The rater may need to ask if these items are reused, and must observe the washing. If the rater is not able to observe the activity, rate the item "N/A". Time permitting, the rater may wish to schedule another visit in an effort to observe the activity.

C = All bottles, bottle caps or nipples are correctly washed if reused

NC = Not all bottles, bottle caps or nipples are correctly washed

N/A = There are no bottles, bottle caps or nipples reused in the program or the rater is not able to observe washing

75. **Breast milk is thawed under running cold water or in the refrigerator, not in the microwave or in boiling water.** Even if the activity occurs, it may be difficult for the rater to observe due to the rater's potentially limited time in the program. If the rater is not able to observe the activity, rate the item "N/A". Time permitting, the rater may wish to schedule another visit in an effort to observe the activity.

C = All breast milk is thawed under running cold water or in the refrigerator, not in the microwave or in boiling water

NC = Not all breast milk is thawed under running cold water or in the refrigerator

N/A = There is no frozen breast milk stored at the program or the rater is not able to observe activity

76. **Infants too young to sit up are held by an adult while being fed, and infants able to sit up and toddlers eat sitting up.**

C = All infants and toddlers are always fed correctly (either while being held or sitting up as indicated)

NC = Not all infants and toddlers are always fed correctly (for example, bottle propped or child standing while eating/drinking)

77. **Oral Health: Children under 36 months have their gums and/or teeth wiped with either a disposable cloth or gauze, or brushed at least once a day.**

C = All children under 36 months have their gums/teeth wiped/brushed correctly at least once a day

NC = Not all children under 36 months have their gums/teeth wiped/brushed correctly at least once a day

IT Sleeping/Napping

Cribs. If the program has cribs, mark “yes” and continue to item IT # 78. If the program does not have cribs, mark “no” and end the CCHP H & S Checklist here.

78. Cribs are made of wood, metal or plastic and have mattresses that fit (for example, no more than two fingers can fit between the mattress and the crib).

C = All cribs are made of the correct material and have correctly fitting mattresses

NC = Not all cribs are made of the correct material and/or have correctly fitting mattresses

79. Cribs have secured latching devices and slats spaced no more than 2³/₈ inches apart.

C = All cribs have secured latching devices and correctly spaced slats

NC = Not all cribs have secured latching devices and/or have correctly spaced slats

80. Cribs do not have corner post extensions over 1/16 of an inch and do not have cutouts in the head or footboards.

C = All cribs do not have corner post extensions over 1/16 of an inch and do not have cutouts in the head or footboards.

NC = One or more cribs have corner post extensions over 1/16 of an inch and/or have cutouts in the head or footboards.

81. All infants under 12 months are put to sleep on their backs.

C = All infants under 12 months are put to sleep on their backs

NC = Not all infants under 12 months are put to sleep on their backs

N/A = There are no infants under 12 months

82. No soft bedding is accessible to children under 12 months in their sleeping area(s). Soft bedding includes pillows and fuzzy or quilted blankets.

C = No soft bedding is accessible to children under 12 months in their sleeping area(s)

NC = There is soft bedding accessible to children under 12 months in their sleeping area(s)

N/A = There are no infants under 12 months